

East Haddam Senior Center AUGUST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">East Haddam Lion's Chicken BBQ</p> <p style="text-align: center;"><u>Sunday, Aug., 28th</u> 12:00—2:00pm. Drive—thru only</p>	<p style="text-align: center;">1</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p style="text-align: center;">2</p> <p>8:15 Pilates 9:00 Casino 10:00 Coloring</p>	<p style="text-align: center;">3</p> <p>9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg 10-12 Computer Help</p>	<p style="text-align: center;">4</p> <p>8:15 Pilates 1:00 Game Day</p>
<p style="text-align: center;">7</p> <p>8:15 Pilates 12:00 B.P. Clinic 1:00 Club Mtg.</p>	<p style="text-align: center;">8</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Glastbry. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p style="text-align: center;">9</p> <p>8:15 Pilates 10:00 Coloring 1:30 Painting W/ Denny</p>	<p style="text-align: center;">10</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Cornhole/ Ladderball</p>	<p style="text-align: center;">11</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p style="text-align: center;">14</p> <p>8:15 Pilates 11:00 Mystery Lunch 1:00 Photography Club</p>	<p style="text-align: center;">15</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p style="text-align: center;">16</p> <p>8:15 Pilates TBD Red Hats 10:00 Coloring</p>	<p style="text-align: center;">17</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO</p>	<p style="text-align: center;">18</p> <p>8:15 Pilates 1:00 Game Day</p>
<p style="text-align: center;">21</p> <p>8:15 Pilates 1:00 Movie</p>	<p style="text-align: center;">22</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Waterfrd. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p style="text-align: center;">23</p> <p>8:15 Pilates 10:00 Coloring 1:30 Painting W/ Denny 10:00 Mystic Bus Trip</p>	<p style="text-align: center;">24</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Corn Hole/ Ladder Ball</p>	<p style="text-align: center;">25</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p style="text-align: center;">28</p> <p>8:15 Pilates 1:00 Jam Session</p>	<p style="text-align: center;">29</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help- 12:30 Mah Jongg</p>	<p style="text-align: center;">30</p> <p>8:15 Pilates 10:00 Coloring</p>	<p style="text-align: center;">31</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help</p>	